



Common Catholic Prayers (in English)

Sign of the Cross (*Signum Crucis*)

In the name of the Father, and of the Son, and of the Holy Spirit. AMEN.

Glory Be (*Gloria Patri*)

Glory be to the Father,
and to the Son,
and to the Holy Spirit,
as it was in the beginning,
is now, and ever shall be,
world without end. AMEN.

Our Father (*Pater Noster*)

Our Father,
Who art in heaven,
hallowed be Thy name;
Thy kingdom come;
Thy will be done on earth as it is in heaven.
Give us this day our daily bread;
and forgive us our trespasses
as we forgive those who trespass against us;
and lead us not into temptation,
but deliver us from evil. AMEN.

Hail Mary (*Ave Maria*)

Hail Mary, full of grace. The Lord is with thee.
Blessed art thou amongst women,
and blessed is the fruit of thy womb, Jesus.
Holy Mary, Mother of God,
pray for us sinners,
now and at the hour of our death. AMEN.

Angelus

Preces: The Angel of the Lord declared unto Mary.

Response: And she conceived by the Holy Spirit. (Hail Mary...)

Preces: Behold the handmaid of the Lord.

Response: Be it done unto me according to thy word. (Hail Mary...)

Preces: And the Word was made Flesh.

Response: And dwelt among us. (Hail Mary...)

Preces: Pray for us, O Holy Mother of God.

Response: That we may be made worthy of the promises of Christ.

Let us pray. Pour forth, we beseech Thee, O Lord, Thy grace into our hearts; that, we to whom the Incarnation of Christ, Thy Son, was made known by the message of an Angel, may by His Passion and Cross, be brought to the glory of His Resurrection through the same Christ our Lord. AMEN.

Come Holy Spirit! (*Veni, Creator Spiritus*)

Come, Holy Spirit, fill the hearts of your faithful and enkindle in them the fire of your love.

Preces. Send forth your Spirit and they shall be created.

Response. And you shall renew the face of the earth.

Let us pray. O God, who by the light of the Holy Spirit, did instruct the hearts of the faithful, grant us in the same Spirit to be truly wise and ever to rejoice in His consolation. Through Christ our Lord. AMEN.

Prayer to the Holy Spirit

Come, O Holy Spirit! Enlighten my understanding in order to know your commands, strengthen my heart against the snares of the enemy; enkindle my will. I have heard your voice and I do not want to harden my heart and resist, saying, 'Later...tomorrow.' Lest there be no tomorrow for me.

O Spirit of truth and of wisdom, Spirit of understanding and of counsel, Spirit of joy and of peace! I want what you want, because you want it, as you want, when you want it. AMEN.

St. Augustine

Breathe into me, Spirit of God, that I may think what is holy.

Drive me, Spirit of God, that I may do what is holy.

Draw me, Spirit of God, that I may love what is holy.

Strengthen me, Spirit of God, that I may preserve what is holy.

Guide me, Spirit of God, that I may never lose what is holy. AMEN.

Morning Prayer

My God, I thank you for protecting me through the night. I praise you and give you thanks for all the blessings you have bestowed on me. In union with Jesus, I consecrate to you all my thoughts, words, actions, joys, and sufferings of this day. Mary my mother, bless me this day and protect me from dangers. My Guardian Angel and all my patrons, pray for me. AMEN.

Morning Offering

Dear Lord, I do not know what will happen to me today. I only know that nothing will happen that was not foreseen by You, and directed to my greater good from all eternity. I adore Your holy and unfathomable plans, and submit to them with all my heart for love of You, the Pope, and the Immaculate Heart of Mary. AMEN.

Act of Faith

O my God, I firmly believe
that you are one God in three divine Persons,
Father, Son, and Holy Spirit.
I believe that your divine Son became man
and died for our sins and that he will come
to judge the living and the dead.
I believe these and all the truths
which the Holy Catholic Church teaches
because you have revealed them
who are eternal truth and wisdom,
who can neither deceive nor be deceived.
In this faith I intend to live and die. AMEN.

Act of Hope

O my God,
relying on your almighty power
and infinite mercy and promises,
I hope to obtain pardon of my sins,
the help of your grace,
and life everlasting
through the merits of Jesus Christ,
my Lord and Redeemer. AMEN.

Act of Charity

O Lord God, I love you above all things
and I love my neighbor for your sake
because you are the highest, infinite and perfect
good, worthy of all my love.
In this love I intend to live and die. AMEN.

Act of Contrition

O my God, I am heartily sorry for having offended Thee, and

I detest all my sins because of Thy just punishments,
but most of all because they offend Thee, my God,
Who art all-good and deserving of all my love.
I firmly resolve, with the help of Thy grace, to sin no more and to avoid the
near occasions of sin. AMEN.

Apostle's Creed (Prayer of Faith)

I believe in God, the Father Almighty,
Creator of heaven and earth.
I believe in Jesus Christ, His only Son, our Lord.
He was conceived by the power of the Holy Spirit,
And was born of the Virgin Mary.
He suffered under Pontius Pilate,
Was crucified, died, and was buried.
He descended to the dead.
On the third day He rose again.
He ascended into heaven,
And is seated at the right hand of the Father.
He will come again to judge the living and the dead.
I believe in the Holy Spirit.
The Holy Catholic Church,
The communion of Saints,
The forgiveness of sins,
The resurrection of the body,
And life everlasting. AMEN.

Prayer before Holy Communion

O Lord, I believe and profess that you are truly Christ, the Son of the living God, who came into the world to save sinners, of whom I am the first. Accept me as a partaker of your mystical supper, O Son of God; for I will not reveal your mystery to your enemies, nor will I give you a kiss as did Judas, but like the thief I confess to you: Remember me, O Lord, when you shall come into your kingdom. Remember me, O Master, when you shall come into your kingdom. Remember me, O Holy One, when you shall come into your kingdom. May the partaking of your Holy Mysteries, O Lord, be not for my judgment or condemnation, but for the healing of soul and body. O Lord, I also believe and profess that this, which I am about to receive, is truly your most precious Body

and your life-giving Blood, which, I pray, make me worthy to receive for the remission of all my sins and for life everlasting. AMEN.

From the Byzantine Liturgy

Prayer after Communion (*Anima Devota*)

My Jesus, I love and adore you. You have come to me; I am one with You. I want You to remain with me forever, in this life and in the next. Thank You for allowing me to share Your divine life. May I become more like You through this sacred Food. Let me never take You for granted, but always pray for those whose lives are dark with sin and ignorance and selfishness. Let me remember, in the words of Saint Paul, that "there, but for the grace of God, go I." Each day, I can become more like You, O Lord. And each day I can pray for those who have never heard the Gospel, or who have heard it and rejected it. AMEN.

Soul of Christ (*Anima Christi*)

Soul of Christ, make me holy
Body of Christ, be my salvation
Blood of Christ, let me drink your wine
Water flowing from the side of Christ, wash me clean
Passion of Christ, strengthen me
Kind Jesus, hear my prayer
Hide me within your wounds
And keep me close to you
Defend me from the evil enemy
And call me at the hour of my death
To the fellowship of your saints
That I might sing your praise with them
for all eternity. AMEN.

Note: *This prayer is said after receiving communion.*

Prayer for Generosity

Dearest Lord, teach me to be generous.
Teach me to serve You as you deserve;
To give and not to count the cost;

To fight and not to heed the wounds;
To toil and not to seek for rest;
To labor and not to ask for reward,
Save that of knowing that I am doing Your will. AMEN.

Saint Ignatius of Loyola (1491-1556) - Memorial, July 31.

Prayer of Thanksgiving

Almighty Father, you are lavish in bestowing all your gifts, and we give you thanks for the favors you have given to us. In your goodness you have favored us and kept us safe in the past. We ask that you continue to protect us and to shelter us in the shadow of your wings. We ask this through Christ our Lord. AMEN.

Prayer for the Sick

O God, your Son accepted our sufferings to teach us the virtue of patience in human illness. Hear the prayers we offer for our sick brothers and sisters. May all who suffer pain, illness or disease realize that they are chosen to be saints, and know that they are joined to Christ in his suffering for the salvation of the world, who lives and reigns with you and the Holy Spirit, one God, for ever and ever. AMEN.

Serenity Prayer

Lord God,
Grant me the serenity to accept the things I cannot change;
Courage to change the things I can;
And the wisdom to know the difference. AMEN.

Prayer for the Seven Gifts of the Holy Spirit

Lord Jesus, as God's Spirit came down and rested upon you, may the same Spirit rest upon us, bestowing his sevenfold gifts.

- **First, grant us the gift of understanding**, by which your precepts may enlighten our minds.

- **Second, grant us counsel**, by which we may follow in your footsteps on the path of righteousness.
- **Third, grant us courage**, by which we may ward off the Enemy's attacks.
- **Fourth, grant us knowledge**, by which we can distinguish good from evil.
- **Fifth, grant us piety**, by which we may acquire compassionate hearts.
- **Sixth, grant us fear of God**, by which we may draw back from evil and submit to what is good.
- **Seventh, grant us wisdom**, that we may taste fully the life-giving sweetness of your love. AMEN.

Saint Bonaventure (1217-1274)

Night Prayer

Lord Jesus Christ, you have given your followers an example of gentleness and humility, a task that is easy, a burden that is light. Accept the prayers and work of this day, and give us the rest that will strengthen us to render more faithful service to you who live and reign forever and ever. AMEN.

Hail, Holy Queen (*Salve Regina*)

Hail, Holy Queen, Mother of mercy,
 our life, our sweetness and our hope.
 To thee do we cry, poor banished children of Eve:
 to thee do we send up our sighs,
 mourning and weeping in this valley of tears.
 Turn then, most gracious Advocate,
 thine eyes of mercy toward us,
 and after this our exile,
 show unto us the blessed fruit of thy womb, Jesus.
 O clement, O loving, O sweet Virgin Mary! AMEN.

Remember! (*Memorare*)

Remember, O most gracious Virgin Mary,
 that never was it known
 that any one who fled to thy protection,
 implored thy help

or sought thy intercession,
was left unaided.
Inspired by this confidence,
We fly unto thee, O Virgin of virgins my Mother;
to thee do we come, before thee we stand, sinful and sorrowful;
O Mother of the Word Incarnate,
despise not our petitions,
but in thy mercy hear and answer them. AMEN.

St. Bernard of Clairvaux (1090–1153)

Prayer for Healing

Lord Jesus, through the power of the Holy Spirit,
go back into my memory as I sleep.
Every hurt that has ever been done to me, heal that hurt.
Every hurt that I have ever caused another person, heal that hurt.
All the relationships that have been damaged in my whole life that I am not
aware of, heal those relationships.
But, O Lord, if there is anything that I need to do,
If I need to go to a person because he or she is still suffering from my hand,
Bring to my awareness that person.
I choose to forgive, and I ask to be forgiven.
Remove whatever bitterness may be in my heart, Lord,
And fill the empty spaces with your love. AMEN.
St. Therese of Child Jesus (1873–1897)

Prayer for the Faithful Departed

God, Creator and Redeemer of all the faithful, grant to the souls of your
servants and handmaids the forgiveness of all their sins. Through our devout
prayers may they obtain the pardon which they have always desired. We ask
this through Christ our Lord. Amen. Lord, hear our prayers; in your mercy,
bring us to your place of peace and light the soul(s) of your servant(s)
[Name(s)], whom you have summoned from this world. Call [Name(s)] to be
numbered in the fellowship of your saints. We ask this through Christ our Lord.
AMEN.

Te Deum

You are God: we praise you;
You are God: we acclaim you;
You are the eternal Father:
All creation worships you.
To you all angels, all the powers of heaven,
Cherubim and Seraphim, sing in endless praise:
Holy, holy, holy, Lord, God of power and might,
Heaven and earth are full of your glory.
The glorious company of apostles praise you.
The noble fellowship of prophets praise you.
The white-robed army of martyrs praise you.
Throughout the world the holy Church acclaims you:
Father, of majesty unbounded,
Your true and only Son, worthy of all worship,
And the Holy Spirit, advocate and guide.
You, Christ, are the king of glory,
The eternal Son of the Father.
When you became man to set us free
You did not spurn the Virgin's womb.
You overcame the sting of death,
And opened the kingdom of heaven to all believers.
You are seated at God's right hand in glory.
We believe that you will come, and be our judge.
Come then, Lord, and help your people,
Bought with the price of your own blood,
And bring us with your saints
To glory everlasting.
Save your people, Lord, and bless your inheritance.
Govern and uphold them now and always.
Day by day we bless you.
We praise your name forever.
Keep us today, Lord, from all sin.
Have mercy on us, Lord, have mercy.
Lord, show us your love and mercy;
For we put our trust in you.
In you, Lord, is our hope:
And we shall never hope in vain. AMEN.

Te Deum Laudamus

O God, we praise You, and acknowledge You to be the supreme Lord. Everlasting Father, all the earth worships You. All the Angels, the heavens and all angelic powers, All the Cherubim and Seraphim, continuously cry to You: Holy, Holy, Holy, Lord God of Hosts! Heaven and earth are full of the Majesty of Thy glory. The glorious choir of the Apostles, The wonderful company of Prophets, The white-robed army of Martyrs, praise You. Holy Church throughout the world acknowledges You: The Father of infinite Majesty; Your adorable, true and only Son; Also the Holy Spirit, the Comforter. O Christ, You are the King of glory! You are the everlasting Son of the Father. When You took it upon Yourself to deliver man, You did not disdain the Virgin's womb. Having overcome the sting of death, You opened the Kingdom of Heaven to all believers. You sit at the right hand of God in the glory of the Father. We believe that You will come to be our Judge. We, therefore, beg You to help Your servants whom You has redeemed with Your Precious Blood. Let them be numbered with Your Saints in everlasting glory.

V. Save Thy people, O Lord, and bless Thy inheritance!

R. Govern them, and raise them up forever.

V. Every day we thank Thee.

R. And we praise Thy Name forever, yes, forever and ever.

V. O Lord, deign to keep us from sin this day.

R. Have mercy on us, O Lord, have mercy on us.

V. Let Thy mercy, O Lord, be upon us, for we have hoped in Thee.

R. O Lord, in Thee I have hoped; let me never be put to shame. AMEN.

The Divine Praises

Blessed be God.

Blessed be His Holy Name.

Blessed be Jesus Christ, true God and true Man.

Blessed be the Name of Jesus.

Blessed be His Most Sacred Heart.

Blessed be His Most Precious Blood.

Blessed be Jesus in the Most Holy Sacrament of the Altar.

Blessed be the Holy Spirit, the Paraclete.
Blessed be the great Mother of God, Mary most Holy.
Blessed be her Holy and Immaculate Conception.
Blessed be her Glorious Assumption.
Blessed be the name of Mary, Virgin and Mother.
Blessed be St. Joseph, her most chaste spouse.
Blessed be God in His Angels and in His Saints. AMEN.

Grace before Meals

Bless us, O Lord, and these Thy gifts, which we are about to receive from Thy bounty, through Christ our Lord. AMEN.

Grace after Meals

We give Thee thanks for all Thy benefits, O Almighty God, who livest and reignest world without end. Amen. May the souls of the faithful departed, through the mercy of God, rest in peace. AMEN.

Prayer to Guardian Angel

Angel of God, my Guardian dear, to whom God's love commits me here, ever this day (or night) be at my side, to light and guard, to rule and guide. AMEN.